



PRICES – WHAT ARE THE COSTS?

CONSULTATIONS		
WOMEN'S, DIGESTIVE, MENTAL HEALTH	PRICE (incl GST)	TIME
25 Years + A full-length consultation with the practitioner investigating all areas of your present and past health history.	\$140.00	1 hour 30 mins
13 – 24 Years A full-length consultation with the practitioner investigating all areas of your present and past health history.	\$130.00	1 hour 15 mins
'OTHER' HEALTH	PRICE (incl GST)	TIME
18 Years + A full-length consultation with the practitioner investigating all areas of your present and past health history.	\$150.00	1 hour 30 mins
CHILD / TEENAGE CONSULTATIONS	PRICE (incl GST)	TIME
13-17 Years A full-length consultation with the practitioner investigating all areas of your teenager's present and past health history.	\$105.00	1 hour 15 mins
6 - 12 Years A full-length consultation with the practitioner investigating all areas of your child's present and past health history.	\$90.00	1 hour
0 - 5 Years A full-length consultation with the practitioner investigating all areas of your baby/toddler/child's present and past health history.	\$55.00	45 mins

FOLLOW-UPS		
GENERAL FOLLOW-UP	PRICE (incl GST)	TIME
Child - Adult 30-minutes follow-up consult (face-to-face or email)	\$50.00	40 mins
TREATMENT PLAN FOLLOW-UP	PRICE (incl GST)	TIME
Child – Adult Appointment to discuss Treatment Plan from Initial Consultation	\$0.00	30 mins
HAIR TEST FOLLOW-UP	PRICE (incl GST)	TIME
Child - Adult (Hair Test Results ONLY) A brief follow-up consult (face-to-face/phone) to explain your hair test results more thoroughly.	\$25.00	20 mins
EMAIL/PHONE FOLLOW-UP (Week 3-4 of Treatment Plan)	PRICE (incl GST)	TIME
Child – Adult Email Follow-Up to assess improvements since beginning your recent Treatment Plan.	\$25.00	20 mins



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HAIR ANALYSIS TESTS		
HAIR ANALYSIS ONLY	PRICE (incl GST)	TIME
13 Years+ (OPTION 1) Includes a 15-min consultation to take a hair sample.	\$105.00	15 mins
0 – 12 Years (OPTION 2) Includes a 15-min consultation to take a hair sample – a few health questions and details are also required.	\$80.00	15 mins
Mother & Baby 0 – 4 Years (OPTION 3) Includes a 15-min consultation to take a hair sample – a few health questions and details are also required.	\$140.00	15 mins
WOMEN'S, DIGESTIVE, MENTAL HEALTH with CONSULTATION	PRICE (incl GST)	TIME
13 – 24 Years (OPTION 4) Includes any Women's / Digestive / Mental Health full consultation and a hair sample.	\$210.00 (SAVE \$20)	1 hour 30 mins
25+ Years (OPTION 5) Includes any Women's / Digestive / Mental Health full consultation and a hair sample.	\$220.00 (SAVE \$20)	1 hour 30 mins
'OTHER' HEALTH with CONSULTATION	PRICE (incl GST)	TIME
18+ Years (OPTION 6) Includes any 'Other' Health full consultation and a hair sample.	\$230.00 (SAVE \$20)	1 hour 30 mins
SPECIALISED HAIR ANALYSIS TESTS ONLY	PRICE (incl GST)	TIME
5 Years – Adult (OPTION 7) Includes a 15-min consultation to take a hair sample and details. VARIOUS OPTIONS ARE AVAILABLE: Nutrition Test, Women's/Men's Health Test, Sleep & Mood Test, Heavy Metals Test – please enquire at: info@thegoodhealthroom.co.nz	Price Varies	30 mins

HERBAL FORMULA(S) (with Follow-Up)	
HERBS	PRICE (incl GST)
500ml Bottle	\$110.00
200ml Bottle	\$50.00
100ml Bottle	\$27.00

HERBAL FORMULA(S) REORDERS (with no Follow-Up)	
HERBS	PRICE (incl GST)
500ml Bottle	\$115.00
200ml Bottle	\$55.00
100ml Bottle	\$32.00



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D.U.T.C.H. TESTS	
D.U.T.C.H. COMPLETE	PRICE
<p>Complete Sex Hormones and Adrenal Test (with sex hormone and cortisol metabolites) For Men & Women – not beneficial if on the contraceptive pill, ring or implant. Some medications to be checked also prior to testing.</p>	\$430.50 incl GST
<p>Offers the most extensive profile of sex and adrenal steroid hormones, along with their all-important metabolites. The daily (diurnal) pattern of free cortisol, along with melatonin is included. This unique combination of clinical information is not available by any other testing method.</p> <p>INCLUDES: <u>Urine:</u> Cortisol (4), Cortisol Metabolites (3), Creatine (4), Melatonin (60HMS), Progesterone (2), Androgen (8), Estrogen Metabolites (8), 8-OHdG, Neurotransmitter Metabolites (3), Nutritional Organic Acids (Vitamin B12, B6, Glutathione).</p> <p>SPECIMEN: 4 x urine cards</p>	
D.U.T.C.H. SEX HORMONE METABOLITES	PRICE
<p>Complete Sex Hormones (without cortisol metabolites) For Men & Women – not beneficial if on the contraceptive pill, ring or implant. Some medications to be checked also prior to testing.</p>	\$295.00 incl GST
<p>Offers the most extensive profile of sex hormones, along with their all-important metabolites.</p> <p>INCLUDES: <u>Urine:</u> Progesterone (2), Androgen (8), Estrogen Metabolites (8)</p> <p>SPECIMEN: 4 x urine cards</p>	
D.U.T.C.H. PLUS	PRICE
<p>Complete + Cortisol Awakening Response (CAR) For Men & Women – not beneficial if on the contraceptive pill, ring or implant. Some medications to be checked also prior to testing.</p>	\$475.50 incl GST
<p>The DUTCH Plus™ combines the DUTCH Complete test (as above) and additionally includes the Cortisol Awakening Response (CAR) to bring another important piece of the HPA axis (Hypothalamus-Pituitary-Adrenal) into focus. The rise and fall of CAR (at waking, and then 30 and 60 minutes after) can be used as a “mini stress test”. The size of this increase correlates with HPA-axis function. The test helps reveal if the HPA-axis is appropriately responding when faced with a stressor (even when cortisol levels are correct during the day).</p> <p>INCLUDES: <u>Urine:</u> Cortisol (4), Cortisol Metabolites (3), Creatine (4), Melatonin (60HMS), Progesterone (2), Androgen (8), Estrogen Metabolites (8), 8-OHdG, Neurotransmitter Metabolites (3), Nutritional Organic Acids (Vitamin B12, B6, Glutathione). <u>Saliva:</u> Cortisol (5), Cortisone (5).</p> <p>SPECIMEN: 4 x urine cards, 5 x Saliva</p>	

SEE OVER FOR FURTHER TESTS

D.U.T.C.H. ADRENAL	PRICE
Free Cortisol and Cortisol Metabolites For Men & Women (including if on birth control)	\$295.00 incl GST
<p>The DUTCH Adrenal tests for 'free cortisol' (bioavailable cortisol) AND the amount of 'cortisol metabolites' (how much cortisol the adrenal glands are producing). Some people can present with low free cortisol and high cortisol metabolites which means their production is high. However, the clearance of cortisol may be up-regulated making the free cortisol levels go down. <u>Both measurements are required to show total cortisol production.</u> Cortisol metabolites represent 80% of total cortisol production. This test also measures DHEA-5 (an adrenal gland hormone that helps produce testosterone and estrogen).</p> <p>INCLUDES: <u>Urine:</u> Cortisol (4), Cortisol Metabolites (3), Creatine (4), DHEA-5</p> <p>SPECIMEN: 4 x urine cards</p>	



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FITGENES GENETIC PROFILING	
CARBCHOICE (AMY1)	PRICE
<p>Genetic Profile Report based on AMY1 gene (copy number variation) which affects response to starch from carbohydrates and health issues including Weight Management, Diabetes, Gluten Intolerance and Dental Decay.</p> <p>For Men & Women The only commercially available test for AMY1 worldwide.</p>	\$229.95 incl GST
<p>INCLUDES: Full 40 page colour document (emailed) indicating genetic range profile for starch processing. Includes information specific for results, dietary considerations, lifestyle factors, sample food options, some meal plans, and exercise recommendations to compliment genetic profile range.</p> <p>See website for sample of profile ranges www.the.</p> <p>SPECIMEN: 1 x Buccal Swab kit</p>	

DUNWOODY LABS	
COMPLETE THYROID PANEL	PRICE
<p>Test includes: TSH, Total T4, Free T4, Total T3, Free T3, Reverse T3, Thyroid Peroxidase (TPO) Antibody, Thyroglobulin (Tg) Antibody</p>	\$170.00 incl GST (Test & Brief Consult Only)
<p>Anglesa Clinic PathLab (Hamilton) <u>This is a extra separate price paid directly to PathLab</u> for the blood draw costs and courier.</p> <p>SPECIMEN: 1 x Blood Draw</p>	\$70 incl GST (Blood Draw Only)

DOCTORS DATA	
GI360 (COMPREHENSIVE STOOL ANALYSIS)	PRICE
<p>Test includes: Microbiome Abundance & Diversity, Viruses, Parasites, Bacteria, Yeasts, Stool Chemistry, Beta-Glucuronidase</p>	\$699.00 incl GST (Test Only)
GI ESSENTIALS	PRICE
<p>Test includes: Microbiome Abundance & Diversity, Viruses, Parasites, Bacteria, Yeasts</p>	\$529.00 incl GST (Test Only)
GI ESSENTIALS	PRICE
<p>Test includes: Microbiome Abundance & Diversity with DI Score</p>	\$319.00 incl GST (Test Only)